

## Workplace travel

Transport represents a large portion of carbon emissions in Aotearoa. Many organisations are now looking to reduce the impact of workplace travel to help achieve carbon zero targets.






### Understanding how people commute to work and travel for business is more critical than ever.

COVID-19 has changed how we operate our businesses with more people working from home and reduced business travel.

#### Measuring travel patterns can help:

- › Achieve sustainability objectives.
- › Plan for office downsizing, relocation or expansion.
- › Support positive health and wellbeing outcomes.
- › Meet planning consent requirements by developing a travel plan.
- › Establish proactive transport actions to accommodate change.

#### Our services can help:

-  Establish baseline travel patterns.
-  Quantify 'Scope 3' commuting and business travel emissions.
-  Conduct repeat surveys to monitor travel patterns.
-  Audit policies and facilities in your workplace.
-  Develop action plans for workplace travel initiatives.

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Travel can be the

**#1 source**

of carbon emissions for office based organisations



New Zealand is aiming for **net zero carbon by 2050** (zero carbon act)



**Transport makes up 21%**

of Aotearoa's greenhouse gas emissions

**A 25% reduction in sick days**

has been observed through uptakes of 30 minutes per day of physical activity.<sup>1</sup>

Walking and cycling are termed **'active travel'** and contribute to physical activity.



**49% of adults**

in NZ are not getting the recommended level of weekly physical activity.<sup>2</sup>

**E-bikes and e-scooters**

are offering more commuting options.



<sup>1</sup> <https://assets.publishing.service.gov.uk>

<sup>2</sup> <https://www.health.govt.nz>